

**Report of the Trustees and
Unaudited Financial Statements For The Year Ended
31st July 2010
for
The Movement Foundation**

DRAFT

Turner Peachey
Chartered Accountants
Salop House
Salop Road
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SY11 2NR

The Movement Foundation

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for the Year Ended 31st July 2010**

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Report of the Trustees for the Year Ended 31st July 2010

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st July 2010. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

3713213 (England and Wales)

Registered Charity number

1075549

Registered office

The Movement Centre
Robert Jones & Agnes Hunt Hospital
Gobowen
Oswestry
Shropshire
SY10 7AG

Trustees

Dr G F Cole

Mr P D Edwards

Mrs J G James

Ms C E Monether

Mr R E Major

Mrs J Palamarczuk

- resigned 24.9.09

Dr R C M Quinlivan

Mrs MJ Gilvarry

- resigned 28.7.10

Mrs AC Woodcock

Mr S Gillies

- appointed 24.9.09

Company Secretary

Mrs G M Jones

Independent Examiner

Turner Peachey
Chartered Accountants
Salop House
Salop Road
Oswestry
Shropshire
SY11 2NR

The movement centre staff

Dr Penny Butler

Director

Sarah Bew

Physiotherapist

Lynne Ford

Therapy Helper

Sarah Jarvis

Deputy Director

- resigned 31.12.09

Ellen Thompson

Clinical Specialist Physiotherapist

Meryl Jones

PA to the Director

STRUCTURE, GOVERNANCE AND MANAGEMENT**Governing document**

The Movement Foundation is a charitable company limited by guarantee, incorporated on 12 December 1999 and registered as a charity at the same date. The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. The Movement Centre is the operative arm of the charity and matters related to treatment of patients through The Movement Centre is delegated to appropriate clinical staff.

The Movement Foundation

Report of the Trustees for the Year Ended 31st July 2010

STRUCTURE, GOVERNANCE AND MANAGEMENT

Trustees

The organisation delivers a healthcare service and the current body of Trustees thus has a strong representation of people with an appropriate background. The range of skills available includes bioengineering, medicine, physiotherapy, finance, company directorship and two Trustees serving during the year are parents of disabled children. There is also legal advice available as required. Several of the trustees have experience in running large organisations and a wealth of charity experience. A system of gap analysis is used to ensure that the Trustee body has a suitable range of knowledge and skills within its ranks. This analysis is reviewed annually.

The Trustees retiring by rotation who, being eligible, are available for re-election are:

Alexa Woodcock

Julia James

Gaynor Cole

When a vacancy exists the new Trustee will be of similar standing to the retiring Trustee. All members are circulated prior to the Annual General Meeting advising them of the retiring Trustees and requesting nominations for the Annual General Meeting. Newly appointed Trustees are invited to attend clinical sessions at The Movement Centre, if they so wish, in order to familiarise themselves with the work of the organisation.

Risk management

The Risk Management process affords an opportunity for a methodical examination of the systems and practices within an organisation and the potential to identify weaknesses or omissions before they threaten the effective delivery of services. As such, it is preferable to a policy of crisis management where action is taken only when events conspire to interrupt efficient operation. The Movement Foundation employs the widely used method of maintaining a Risk Register using the guidelines and specific criteria recommended by the National Patient Safety Agency. This enables a sophisticated approach to prioritising areas for remedial action and strengthens the Foundation's attempts to deal with problems before they arise. This policy and procedures are reviewed annually. External risks to funding are minimised through employment of a fundraiser while internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure consistent quality of delivery for operational aspects of the charitable company.

Public benefit

Trustees confirm that they have referred to the guidance contained in the Charities Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objective of The Movement Foundation is to help resolve the problems and difficulties that are a consequence of poor control of movement, particularly in children with cerebral palsy. Functional difficulties in these children range from inability to control head posture in those most severely affected to problems with walking in the least affected. The Movement Centre has now been operating for fourteen years, based at Oswestry, Shropshire; it continues to act as the operative arm of The Movement Foundation to address this clinical need. The Movement Foundation, through The Movement Centre, aims to meet its objectives by:

- Providing a clinical service assessing and treating children with movement control difficulties, thus improving functional abilities and quality of life
- Teaching and publishing the techniques developed at the Centre thus ensuring that an ever widening professional and lay audience is aware of what can be achieved
- Researching and developing new methods for promoting movement control (R&D). This factor is vital to ensure that children with problems of movement control are offered the optimal therapy provision.

Targeted Training, the therapy technique developed at The Movement Centre, has continued to provide the main focus of activity during the last year in order for the Charity to realise its clinical, teaching and R&D objectives and aims.

The Movement Centre produces an Annual Review each year: this is essentially promotional in nature and describes the various activities undertaken throughout the year. Copies of the Annual Review are available to all interested parties on request.

During the year, the Trustees conducted a Strategic Review in order to create a business strategy for direction of future activities. This ongoing Review covers all areas of activity from organisation and staffing through facilities and promotion. Further details of this Strategic Review are available on request.

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Report of the Trustees for the Year Ended 31st July 2010

ACHIEVEMENT AND PERFORMANCE

CLINICAL

One or more functional goals are set for each child at the start of their course of Targeted Training Therapy. These goals are accompanied by a time frame in which the goal(s) should be achieved. This combination gives families, children and therapists a realistic objective. Each child will usually now be working towards two to five functional goals at any one time.

- Forty-three children were referred during the year and 34 additional children re-referred for a further course of therapy.
- One hundred and twenty-nine children received either Targeted Training or other intervention to help their movement skills, a 14% increase on last year. Six children attended for a follow up review after completion of a course of Targeted Training therapy some months earlier.
- Twenty children were seen on a one-off basis for specific advice on their therapy management with respect to movement control / functional skills.
- Eighty-one percent of functional goals set during the year were achieved with an overall success rate of 84% during the fourteen years that The Movement Centre has been operational. These functional goals include the fundamental skills of head control, sitting, standing and walking.
- Importantly, all of these goals have been recorded within modest time scales with an average time of 18 weeks to achieve each of the basic skills of head control and sitting over the 14 years that The Movement Centre has been operative. Within the last 12 months, the time to achieve head control and sitting skills has reduced to 10 and 17 weeks respectively, confirming The Movement Centre's expertise in these areas.
- Specific outcome measures to assess independent walking abilities and to evaluate postural abilities have continued to demonstrate improvement in abilities of children following Targeted Training.
- During the year 59% of courses commenced were funded by the child's local Primary Care Trust and indicates the recognition of the benefits of Targeted Training by local Health Service providers. Nevertheless, 35% of children attending The Movement Centre are reliant on charitable funding from The Movement Foundation.

It should be noted that all staff contribute to the delivery of clinical services.

Equal access to services is an important issue for Trustees. Although children are referred by their local health team, access to services is not limited because of family circumstances or Primary Care Trust funding. The Movement Foundation provided the costs of therapy for 35% of children during the last twelve months and has a vigorous fundraising remit for this purpose. No child has been declined treatment because of personal background, faith, gender or family circumstances. The Clinical Governance policy that is in place continues to guide activities and ensure that patients receive the highest possible quality of care. This policy is subject to annual reappraisal. All staff receive regular training in Child Protection.

[Note: More detailed information and analysis on the clinical work carried out can be found in the Annual Report of The Movement Centre, which is available on request.]

Performance against targets: Clinical

The Trustees Report for year end 31st July 2009 stated " The primary focus for the coming year remains the continued provision of Targeted Training Therapy for our existing and future children, thus meeting the primary object of the Charity. ". It is clear that this has been achieved and also that the children attending have benefited from the therapy given, thus meeting the second stated target of maintaining quality and standards. It was also noted that staffing levels should be increased by one part time physiotherapist and by recruitment of a physiotherapy assistant from December 2009. As a result of revised working systems and increased efficiency, it has not been found necessary to take on further staff during the last year.

Teaching and promotion

Raising awareness about Targeted Training continues to have high priority. Every opportunity is taken to inform both professional and lay audiences about the work of The Movement Centre; the number of enquiries from families and therapists who are aware of, or who know, children local to them who are attending The Movement Centre continues at high level. The web site of The Movement Centre (www.the-movement-centre.co.uk) continues to be updated with a range of information available including clinical results achieved with Targeted Training.

Invited presentations on Targeted Training

Invited presentations have included;

- 'Enhancing Postural Control: the Non Walker'; meeting of the British Society of Surgery in Cerebral Palsy, Oswestry. (Presentation by Penny Butler, November 2009)

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ACHIEVEMENT AND PERFORMANCE

- 'The Development of Sitting Balance and the Effects of Segmental Training'; 5th Biennial Conference of the Australasian Academy of Cerebral Palsy and Developmental Medicine held in Christchurch, New Zealand. (Presentation by Professor Marjorie Woollacott, March 2010)
- 'Targeted Training'; sales staff of Jenx Ltd, a children's therapy equipment company, at their sales meeting, Sheffield. (Presentation by Penny Butler, March 2010).
- A presentation on 'Targeted Training and Virtual Reality in Rehabilitation' has been given at Keele University as part of their new post graduate course on Assistive Technology in Rehabilitation. This was a joint presentation with Dr. Gabor Barton (Research Institute for Sport and Exercise Sciences, Liverpool John Moores University) who spoke about their Caren system and current research linking Targeted Training. (April 2010)
- 'Targeted Training' to the 'New Products' meeting of R82. This was by video link from R82 UK in Halesowen with HQ in Jutland and was followed by a lively discussion. (Presentation by Penny Butler, June 2010)

The seminar 'Posture and Movement Control: Issues that may limit progression' has been given to an audience of 16 physiotherapists and physiotherapy assistants in Coventry. This seminar was hosted by the 'Tiny Tim's Children's Centre' which is a charity providing therapy for disabled children. The day is intended to give delegates an understanding of the principles of 'open and closed' chains from a movement control perspective and uses Targeted Training to illustrate the concepts in a therapy approach. This combination of a 'take home' therapy strategy that can be immediately implemented continues to be very popular. (Seminar given by Penny Butler)

Other courses and conferences

Richard Foster (Liverpool John Moores University) gave an oral paper 'The effects of game training on trunk to pelvis coupling: a case study of a child with Cerebral Palsy', (authors Richard Foster, Malcolm Hawken, Penny Butler, Gill Holmes and Gabor Barton) at the Biomechanical Interest Group meeting of BASES (British Association of Sport and Exercise Sciences), Bath, April 2010.

Three posters were presented by Penny Butler at the conference 'Impact of Intervention: can we affect typical and atypical development of the human brain?' held in Groningen, April 2010. The posters were entitled; 'The Segmental Assessment of Trunk Control (SATCo): Reliability And Validity' (authors P Butler, S Saavedra, M Sofranac, S Jarvis and M Woollacott), 'Development of trunk control in typically developing children and children with cerebral palsy' (authors S Saavedra and M Woollacott) and 'Effects of segmental training on trunk control in children with neuromotor disability: a pilot study' (authors S Saavedra and M Woollacott). The latter two posters were presented by Penny Butler on behalf of the authors.

Richard Foster has given a poster presentation 'The effects of game training on trunk to pelvis coupling: A case study of a child with Cerebral Palsy'. This work on Virtual Rehabilitation was presented at the Liverpool John Moores University Institute for Health Research Conference, May 2010. The poster was awarded the 2nd best poster prize and the team were awarded a special prize for external collaboration.

A poster was presented at the RJA Research Day (April 2010). The poster was entitled 'Will Wii or Won't Wii? The Use of Video Games with Targeted Training', authors: Penny Butler, Sarah Bew, Lynne Ford and Ellen Thompson.

Physiotherapy Students at The Movement Centre

The Movement Centre has continued taking third year physiotherapy students from the University of Keele for clinical placement. These placements last between five and six weeks with the student attending each day. A considerable amount of preparation is required to ensure that the student's programme introduces each component of Targeted Training and management of severely disabled children in planned stages. Close liaison with Keele is also required. The Movement Centre is an unusual placement as it is such a specialised setting but students benefit from the opportunity to see and to practise detailed assessment, treatment planning and review and to begin to incorporate ideas from The Movement Centre into their future careers.

Staff Education

The Movement Foundation is committed to ongoing staff training and education to ensure that staff are fully able to meet the needs of children, whether through clinical work or by provision of funding. Regular updates have continued on issues such as Health and Safety, Cardio-pulmonary Resuscitation and Manual Handling.

In service training for staff has also included the following sessions:

- Tuning of Ankle Foot Orthoses

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Report of the Trustees for the Year Ended 31st July 2010

ACHIEVEMENT AND PERFORMANCE

- Revision of Normal Gait
- Use of the hoist
- Specific equipment issues with Targeted Training
- Continuing Professional Development and the requirements of the Health Professions Council
- Issues of consent
- Case presentation on assessment of targeted level

Opportunities have been given for Sarah Bew to widen her professional and background experience by a number of visits to other physiotherapy departments and schools.

In addition:

Penny Butler and Sarah Bew have attended a consensus conference 'Orthotic Management of Cerebral Palsy' held in Newcastle upon Tyne (January 2010).

Ellen Thompson, Sarah Bew and Lynne Ford have visited Naidex, Birmingham and found this a useful overview of what equipment is available for disabled children.

Ellen Thompson has attended a 'Moving and Handling Link Trainer' session.

Performance against targets: Teaching and Promotion

The Trustees Report for year end 31st July 2009 emphasised the ongoing need for increasing awareness of The Movement Centre Targeted Training Therapy to ensure that as many professionals as possible are aware of the services. The study day 'Posture and Movement Control' and other presentations have continued to provide the ideal vehicle for this creation of awareness. Physiotherapists are key to the referral process as they are usually the professionals who initiate the referral and a number of children have been referred as a direct consequence of physiotherapists attending these study days and presentations.

Research and development

The issues surrounding Research Governance make it difficult for a relatively small organisation, such as The Movement Foundation, to take a principal role in research. However, research is fundamental to improving services for the disabled children in our care and thus The Movement Foundation follows a policy of actively supporting research partners in order to further the objectives of the organisation.

Ski Walker

The completion of the research project 'Improved walking potential for mobility impaired patients: The Movement Centre Ski Walker', conducted in collaboration with the Orthotic Research and Locomotor Assessment Unit (ORLAU) at the Robert Jones & Agnes Hunt Orthopaedic and District Hospital NHS Trust was reported last year. From this work, a new design of Ski Walker has evolved which has four wheels each with anti-reverse motion, rather than a flat surface 'ski'. This is now being trialled with on-going discussion with ORLAU about possible further modifications and development.

Development of a Clinical Test of Sitting Postural Control in Children with Motor Disabilities: Segmental Assessment of Trunk Control (SATCo)

The refinement and validation of this test, which provides a systematic method of assessing discrete levels of trunk control in children with motor disabilities, was published during the year in a peer reviewed journal. This assessment tool has thus taken the important step of moving from research to clinical practice so that it is available for use by clinicians in their everyday workplace. Following publication, a number of enquiries have been received from physiotherapists about its use and application, suggesting that it is quickly being recognised as a valuable tool for clinical use. In addition, the Gait Laboratory in ORLAU has introduced routine use of the SATCo for children with cerebral palsy recognising that, even if a child is able to walk without any walking aids, they will not necessarily have full control of the trunk. This introduces important new clinical information into the management plans for individual children attending ORLAU. In addition, it means that the SATCo is now an accepted and valued tool in a new clinical arena.

Training and testing core control using virtual reality games: a pilot study

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This research is being carried out at the Research Institute for Sport and Exercise Sciences, Liverpool John Moores University with Dr Gabor Barton, Reader in Biomechanics, the principle grant holder. It is a collaborative study between LJMU, The Movement Centre and The Gait Laboratory at Alder Hey Children's NHS Foundation Trust and funded by WellChild. The aim of the study has been to design, develop and evaluate custom made computer games to improve movement co-ordination of children with cerebral palsy who have impaired dynamic movement control of the pelvis and trunk (core). The basis of the research is that exposure to computer games driven by active body movements of the core can lead to measurable improvements of core control and gait.

The children have completed their training schedules and the project has now moved into its final phase of data analysis. The SATCo was one of the outcome measures used and these have been scored by staff of The Movement Centre (without knowledge of whether the child was in the 'core' group receiving trunk control training or in the control group who did not). It was with great pleasure that news was received that Dr Gabor Barton has been awarded the 'WellChild Researcher Award' for 2010 for his work on this project.

Postural Assessment during Hippotherapy

This project is being undertaken by Lynne Munro, a Senior Paediatric Physiotherapist, who has been awarded funding by the Nancy Finnie Charitable Trust. Hippotherapy is a physiotherapy treatment in which the movement of a trained horse is selectively used to promote the functional ability and participation of children who have neurological impairment such as cerebral palsy. The purpose of the project is to develop an outcome measure of posture when a child is sitting astride a walking horse and to test the reliability of the measure. The Movement Centre's role in the work is for Dr Penny Butler to provide research supervision.

At present, there is no outcome measure available that assesses posture when a child is astride a horse. The use of hippotherapy is intended to improve a child's posture and functional abilities in everyday life. Thus the ability to measure posture when a child is on a horse will help to direct their future hippotherapy and thus, hopefully, bring about an improvement in a child's 'off horse' function. It is intended that the measure will complement existing measures of posture when a child sitting on a box or bench.

At this stage, a draft scoring system has been devised and video has been taken of children with a range of functional abilities and sitting postures during hippotherapy sessions. Single frames have been captured from this video to illustrate each score and work is in progress to convert these video stills to line diagrams.

Performance against targets: Research and Development

The support offered to the research programme 'Training and testing core control using virtual reality games: a pilot study' was a specific target identified in the Trustees Report for year end 31st July 2009 and will be ongoing until the conclusion of the work. Work with the Ski Walker follows on from previously funded research while the Hippotherapy project represents a new avenue of research. In last year's Trustee's Report, support was identified for 'Development of postural responses to Targeted Training during sitting in children with neuromuscular dysfunction'. This was an external project and has been terminated due to circumstances beyond the control of The Movement Foundation.

PUBLIC RELATIONS ACTIVITIES

The yearly Annual Review continues to form an excellent means of promoting the work of The Movement Centre. This was first produced in 2004 to increase communication with donors and supporters of The Movement Centre as well as with families of children who attend the Centre. Its colourful format and style are less formal than the peer reviewed papers that are the more usual output of The Movement Centre but it communicates the clinical, research and educational activities that have taken place during the year. It has become very popular and The Movement Centre is never short of children attending for Targeted Training therapy who are eager for their photograph to feature.

The Mayor of Oswestry for 2009 - 2010, Councillor Margaret Chamberlain, chose The Movement Centre as one of her two charitable causes for her mayoral year. Several fundraising events were held in which The Movement Centre participated during the year. Councillor Chamberlain has cerebral palsy herself and is a wheelchair user and thus has a special affinity with the work of The Movement Centre.

The Movement Foundation

Report of the Trustees for the Year Ended 31st July 2010

ACHIEVEMENT AND PERFORMANCE

Our Awards Party has now become an annual fixture, greatly anticipated by the children who attend The Movement Centre. This year, the Lady Sue Trevor Award for the greatest contribution to The Movement Centre during the previous 12 months was given to Robbie Hayes' family who live in Oswestry. The Awards Party was held at The Venue, Oswestry, with facilities provided free of charge by the generosity of The Venue. Around 100 guests attended (35 children including siblings and friends). Children who had completed their course of therapy in 2009 were presented with special certificates and all children had party bags. Local supporters present included Councillor Margaret Chamberlain, Mayor of Oswestry, representatives of local WIs and local companies who have supported TMC and former Trustees. We are grateful for the sponsorship of local companies (The Chartered Physiotherapy Clinic Ltd., Wrexham, The Venue Park Hall, Henlle Park Golf Club, Marks & Spencer Simply Food, Oswestry, Sainsbury's Supermarket, Oswestry and The Cooperative Food Store, Gobowen.) It was a very happy occasion and families enjoyed meeting other families.

The Movement Centre's fourth Annual Seminar has been held at the Buckatree Hall Hotel, Wellington with 75 attending including community paediatric physiotherapists, paediatricians and representatives of Conductive Education. The theme this year was 'Virtual Reality' with lectures by Dr Gabor Barton MD PhD, Reader in Biomechanics, Research Institute for Sport and Exercise Sciences, Liverpool John Moore's University on 'Virtual Reality in Rehabilitation' and Dr Martin Watson PhD MSc MCSP, Senior Lecturer (Physiotherapy), School of Allied Health Professions, Faculty of Health, University of East Anglia on 'Where shall Wii go? Using the Nintendo Wii in Rehabilitation'. It was a most enjoyable afternoon with many very positive comments from participants.

The 'Friends of The Movement Centre (West Midlands)' has now become an established group. The co-ordinator for this project is Jane Martin from Dudley. Fundraising events during the year included a 'Go Ape' day which saw Trustees and Friends swinging through the trees, and relieved to reach firm ground and their certificates. A variety of future events are planned focussing on 'fun while fundraising'.

Tom James, one of our Patrons was able to take time out from his hectic schedule to visit The Movement Centre. It was a great pleasure to welcome him and Tom was very interested in all activities and spent some time watching (and assisting with!) the assessment of a young boy.

Several local groups have asked for presentations about the work of The Movement Centre. These have included Gobowen Church Guild Women's Section, Bicton and Oxon WI and Clee St Margaret WI. All of these groups have been most generous with their donations. Other fundraising activities have included a John O'Groats to Land's End bike ride. This was undertaken by Mike Jarvis and Tom Robinson who completed the ride in an impressive 11 days, sadly 10 of which had constant rain. Connor Lamb and his family did a sponsored walk to raise funds. This was a very special event as one year ago, when Connor first came to The Movement Centre, he could only move around by bottom shuffling on the floor.

Performance against targets: Public Relations

The Trustees Report for year end 31st July 2009 emphasised the ongoing need for raising awareness in order that clinicians and families are aware of the services available, again meeting the Charity's objects. However, care needs to be taken with such promotion in order that the hopes of families are not raised unjustifiably. Local support and awareness has been increased. A further target was support of the 'Friends' group and this is now flourishing.

The Movement Foundation
Report of the Trustees
for the Year Ended 31st July 2010

FINANCIAL REVIEW

Reserves policy

The Foundation has reviewed the need to hold unrestricted funds in reserve having taken account of the guidance issued by the Charity Commission.

1. The trustees believe that it is appropriate and prudent to hold such reserves because the Foundation:

- a) provides direct funding to enable the delivery of treatment programmes to disabled children which can be of up to ten months' duration;
- b) supports these services with charitable funds which derive from many sources and which can be volatile in nature;
- c) believes that it is vital that it should maintain continuity of service delivery to all those enrolled for treatment;
- d) needs to be capable of responding to:
 - i. opportunities to develop the treatment services on offer,
 - ii. furthering the associated research work to demonstrate their efficacy,
 - iii. requests for advice and assistance from parallel organisations,
 - iv. the demand for the training of staff to increase the availability of services.

2. The trustees have therefore set a target for these reserves.

- a) They should be sufficient to cover the current year's anticipated full operating costs, i.e. staff salaries, equipment costs, administration and all other overheads;
- b) It is recognised that the actual value of the reserves may show significant variation; the trustees will consider appropriate corrective measures if this falls below 75% or rises above 150% of the target.

3. This policy will be reviewed each year at the Annual General Meeting. Factors to be considered will include:

- a) the nature and level of the global activity of the Foundation;
- b) the proportion of patients bringing financial support from external sources;
- c) the stability of the reserves;
- d) any other relevant issues.

Principal funding sources

The charity has many income sources none of which are a principal funding source.

Investment policy and objectives

The investment objective for The Movement Foundation is to maintain sufficient deposit funds to meet the commitments and objectives of the charity. The Trustees, in maintaining a robust Reserves Policy, will not therefore commit charity funds to any other investment that carries any degree of risk. In doing so, the trustees understand that inflationary pressures may impact on the value of deposits held in real terms. The Trustees retain the power to decide investment strategy.

The Movement Foundation has £123,000 available for investment. The organisation does not anticipate committing any deposit funds to longer term investment unless reserves exceed our Reserves Policy and exceed the threshold for a period of more than 6 months.

Asset mix: The portfolio should be invested within the following ranges:

Asset mix

Equities 0%
Bonds 0%
Property 0%
Cash 100%

Investment is restricted to cash deposit unless otherwise agreed. There will be no diversification at this time. Use will be made of COIF Deposit Funds but measurement against "market" rates during the year confirmed that more advantageous rates were available and £100,000 was transferred from COIF to Scottish Widows.

Reporting requirements: The Movement Foundation requires the following reporting:

- A six monthly report confirming the rate of interest and a comparison with other available accounts.
- Annual attendance of the investment manager at the Trustee Board to discuss the performance of the portfolio, economic conditions and future requirements.

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Report of the Trustees for the Year Ended 31st July 2010

FINANCIAL REVIEW

Performance against targets: Financial Stability

The Trustees Report for year end 31st July 2009 stated that 'it remains vital that the profile of The Movement Foundation/Centre is raised and the funds raised by the Charity substantially increased'. The Movement Foundation has taken the following actions as proposed:

- Further applications to large Charitable Organisations for funding.
- Raising the profile of the organisation amongst local businesses, communities and schools. This has been achieved principally through the Awards Party.
- Review of the charges made for assessment and for a course of Targeted Training Therapy, viewed against the cost of providing therapy.
- A management information 'Dashboard' has been implemented to simplify monitoring and decision-making.

The Movement Foundation has made a surplus this year and this is viewed as encouraging given the current financial climate although close monitoring of the financial situation remains vital.

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The Movement Foundation

Report of the Trustees for the Year Ended 31st July 2010

FUTURE DEVELOPMENTS

The primary focus for the coming year remains the continued provision of Targeted Training Therapy for our existing and future children, thus meeting the primary object of the Charity. It will also be vital to continue promotional activities so that as many professionals and families as possible are aware of the activities of The Movement Foundation and The Movement Centre.

Since the Strategic Review was agreed by Trustees, the landlord of The Movement Centre's current premises (RJAH Orthopaedic Hospital) has given notice of intent to demolish the building in which The Movement Centre is currently housed. This is scheduled for December 2010. Although alternative accommodation, on the RJAH Orthopaedic Hospital site has been provisionally agreed, it is unlikely to become available until July 2011. There is thus anticipated a minimum six month period of temporary accommodation which will, at best, have only one clinical area, rather than the two currently available. This will inevitably impact on delivery of services

Continued Treatment Provisions

- The action resulting from the Strategic Review proposed increasing staffing to support 100 children per year (measured by 'starts per month'). However, the anticipated accommodation limitations mean that this is likely to be delayed and that the more appropriate aim should be to maintain throughput at current levels (total of 69 'starts' for the current year).
- It is proposed to divide therapeutic activities from practice management by the recruitment of a clinic manager thus enabling the Director to focus more on implementing the strategy.
- It will be essential to ensure maintenance of quality and standards through use of appropriate clinical tools. In particular, emphasis should be placed on development of mechanisms to show any clinical advantage of Targeted Training over conventional standard physiotherapy practice. Any such advantage should be drawn to the attention of Primary Care Trusts and other potential funders.

Increasing Awareness of The Movement Centre and Targeted Training Therapy

Although the number of referrals has increased in the last year, there remains a need to continue raising awareness in order that clinicians and families are aware of the services available, again meeting the Charity's objects. However, care needs to be taken with such promotion in order that the hopes of families are not raised unjustifiably.

- The study days 'Posture and Movement Control' have proved a very effective method of raising awareness within the Therapy profession. The study days enable Physiotherapists to have a greater understanding of how to assess children, how knowledge of biomechanics can assist and the study days have been shown to result in greater numbers of children referred to The Movement Centre. These will continue to be offered in the next twelve months providing Physiotherapists with greater insight into the assessment of children with movement difficulties and also promoting the Targeted Training Therapy offered by The Movement Centre.
- To continue to raise the profile of The Movement Foundation/Centre locally and increase the support from local businesses, communities, schools and press.
- To support the Friends of The Movement Centre and to encourage establishment of further 'Friends' groups.
- To explore the viability of trade-marking 'The Movement Centre' kite logo.

Research and Development

- The support offered to the research programme 'Training and testing core control using virtual reality games: a pilot study' will continue until completion of the project (Autumn 2010).
- The support offered to the research programme 'Postural Assessment during Hippotherapy' will continue until completion of the project (December 2010).
- To provide consultancy for outside research projects as required that are linked to Targeted Training or issues of movement control.

Increasing Financial Stability

The costs involved with the clinical, teaching and promotional and research and development activities outlined above mean that it remains vital that the profile of The Movement Foundation/Centre is raised and the funds raised by the Charity substantially increased. The Movement Foundation aims to achieve this by taking the following actions during the forthcoming year:

- Further applications to large Charitable Organisations for funding.
- To raise the profile of the organisation amongst local businesses, communities and schools and thereby increase local financial support.
- Ongoing review of the charges made for assessment and for a course of Targeted Training Therapy, viewed against the cost of providing therapy. However, this will be undertaken ensuring that public benefit is met by enabling all clinically appropriate children to access services regardless of their financial situation or any lack of funding from their Primary Care Trust.

The Movement Foundation

**Report of the Trustees
for the Year Ended 31st July 2010**

TRUSTEE RESPONSIBILITIES

A review of the skills of the Trustees will be undertaken to ensure that the management needs of The Movement Foundation are being met and will be refined as appropriate.

On behalf of all those who have benefited from the work carried out at The Movement Centre the Trustees wish to thank the many organisations and people who have provided the financial support that makes our work possible.

ON BEHALF OF THE BOARD :

.....
Mr R E Major - Trustee

Date:

DRAFT

**Independent Examiner's Report to the Trustees of
The Movement Foundation**

I report on the accounts for the year ended 31st July 2010 set out on pages thirteen to nineteen.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 43(2) of the Charities Act 1993 (the 1993 Act)) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 43 of the 1993 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 43(7)(b) of the 1993 Act); and
- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
- to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

J M Ollier
Turner Peachey
Chartered Accountants
Salop House
Salop Road
Oswestry
Shropshire
SY11 2NR

Date:

The Movement Foundation

Statement of Financial Activities
for the Year Ended 31st July 2010

	Notes	Unrestricted funds £	Restricted funds £	31.7.10 Total funds £	31.7.09 Total funds £
INCOMING RESOURCES					
Incoming resources from generated funds					
Voluntary income		31,231	10,376	41,607	96,680
Investment income	2	1,405	-	1,405	4,107
Incoming resources from charitable activities					
Oswestry centre		245,820	-	245,820	177,170
Newcastle		-	-	-	702
Total incoming resources		278,456	10,376	288,832	278,659
RESOURCES EXPENDED					
Costs of generating funds					
Costs of generating voluntary income		21,220	-	21,220	17,952
Charitable activities					
Oswestry centre		219,467	10,558	230,025	235,953
Newcastle		-	-	-	12,100
Governance costs		1,646	-	1,646	795
Total resources expended		242,333	10,558	252,891	266,800
NET INCOMING/(OUTGOING) RESOURCES					
		36,123	(182)	35,941	11,859
RECONCILIATION OF FUNDS					
Total funds brought forward		92,572	61,960	154,532	142,673
TOTAL FUNDS CARRIED FORWARD		128,695	61,778	190,473	154,532

The notes form part of these financial statements

The Movement Foundation

Balance Sheet
At 31st July 2010

	Notes	Unrestricted funds £	Restricted funds £	31.7.10 Total funds £	31.7.09 Total funds £
FIXED ASSETS					
Tangible assets	6	20,147	-	20,147	23,679
CURRENT ASSETS					
Debtors	7	27,936	-	27,936	37,699
Cash at bank and in hand		185,346	61,778	247,124	196,963
		<u>213,282</u>	<u>61,778</u>	<u>275,060</u>	<u>234,662</u>
CREDITORS					
Amounts falling due within one year	8	(104,734)	-	(104,734)	(103,809)
NET CURRENT ASSETS		<u>108,548</u>	<u>61,778</u>	<u>170,326</u>	<u>130,853</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>128,695</u>	<u>61,778</u>	<u>190,473</u>	<u>154,532</u>
NET ASSETS		<u>128,695</u>	<u>61,778</u>	<u>190,473</u>	<u>154,532</u>
FUNDS					
Unrestricted funds	10			128,695	92,572
Restricted funds				61,778	61,960
TOTAL FUNDS				<u>190,473</u>	<u>154,532</u>

The notes form part of these financial statements

The Movement Foundation

**Balance Sheet - continued
At 31st July 2010**

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st July 2010.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31st July 2010 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Board of Trustees on and were signed on its behalf by:

.....
Ms C E Monether -Trustee

DRAFT

The Movement Foundation

Notes to the Financial Statements for the Year Ended 31st July 2010

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 25% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. INVESTMENT INCOME

	31.7.10	31.7.09
	£	£
Deposit account interest	1,405	4,107
	<u> </u>	<u> </u>

3. NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting):

	31.7.10	31.7.09
	£	£
Depreciation - owned assets	6,716	7,892
	<u> </u>	<u> </u>

The Movement Foundation

**Notes to the Financial Statements - continued
for the Year Ended 31st July 2010**

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st July 2010 nor for the year ended 31st July 2009.

Trustees' Expenses

	31.7.10	31.7.09
	£	£
Trustees' expenses	<u>400</u>	<u>96</u>

5. STAFF COSTS

	31.7.10	31.7.09
	£	£
Wages and salaries	157,927	159,553
Social security costs	16,586	17,517
Other pension costs	14,771	16,781
	<u>189,284</u>	<u>193,851</u>

The average monthly number of employees during the year was as follows:

	31.7.10	31.7.09
Charitable	<u>5</u>	<u>5</u>

6. TANGIBLE FIXED ASSETS

		Plant and machinery etc £
COST		
At 1st August 2009		106,308
Additions		3,184
At 31st July 2010		<u>109,492</u>
 DEPRECIATION		
At 1st August 2009		82,629
Charge for year		6,716
At 31st July 2010		<u>89,345</u>
 NET BOOK VALUE		
At 31st July 2010		<u>20,147</u>
At 31st July 2009		<u>23,679</u>

The Movement Foundation

Notes to the Financial Statements - continued
for the Year Ended 31st July 2010

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.7.10	31.7.09
	£	£
Trade debtors	27,743	37,506
Other debtors	193	193
	<u>27,936</u>	<u>37,699</u>

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.7.10	31.7.09
	£	£
Bank loans and overdrafts	35	35
Payments on account	96,126	95,774
Trade creditors	1,960	3,636
Taxation and social security	4,848	2,369
Other creditors	1,765	1,995
	<u>104,734</u>	<u>103,809</u>

9. PENSION COMMITMENTS

The Movement Foundation operates a defined contribution pension scheme, the total amount paid into the scheme during the year is £14,771 (2009 £16,781).

10. MOVEMENT IN FUNDS

	At 1.8.09	Net movement in funds	At 31.7.10
	£	£	£
Unrestricted funds			
General fund	68,940	28,960	97,900
Equipment redevelopment	3,632	7,163	10,795
Premises relocation	20,000	-	20,000
	<u>92,572</u>	<u>36,123</u>	<u>128,695</u>
Restricted funds			
Equipment refurbishment	44,610	(9,276)	35,334
Geographical restriction	17,350	9,094	26,444
	<u>61,960</u>	<u>(182)</u>	<u>61,778</u>
TOTAL FUNDS	<u><u>154,532</u></u>	<u><u>35,941</u></u>	<u><u>190,473</u></u>

The Movement Foundation

**Notes to the Financial Statements - continued
for the Year Ended 31st July 2010**

10. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	261,006	(232,046)	28,960
Equipment redevelopment	17,450	(10,287)	7,163
	278,456	(242,333)	36,123
Restricted funds			
Equipment refurbishment	-	(9,276)	(9,276)
Geographical restriction	10,376	(1,282)	9,094
	10,376	(10,558)	(182)
TOTAL FUNDS	288,832	(252,891)	35,941

11. DONATIONS

Donations in excess of £1,000 were received from the following:-

Air Products Ltd
 Baron Davenport's Charity
 Bernard Piggott Trust
 Charity Appeal Fund 09/10
 CHK Charities Ltd
 Felicity Wilde Charitable Trust
 Oswestry Town Council Mayor's
 Sir Julian Hodge Charity Trust
 The Casey Trust
 The David Solomans Charitable Trust
 The Jane Hodge Foundation
 The Sobell Foundation

The trustees of The Movement Foundation express their sincere thanks to these organisations for their support.

The Movement Foundation

Detailed Statement of Financial Activities
for the Year Ended 31st July 2010

	31.7.10 £	31.7.09 £
INCOMING RESOURCES		
Voluntary income		
Donations	41,102	96,458
Events	505	222
	<u>41,607</u>	<u>96,680</u>
Investment income		
Deposit account interest	1,405	4,107
Incoming resources from charitable activities		
Clinical therapy fees	242,508	170,196
Training	1,204	3,506
Research and development income	1,983	4,170
Other income	125	-
	<u>245,820</u>	<u>177,872</u>
Total incoming resources	288,832	278,659
RESOURCES EXPENDED		
Costs of generating voluntary income		
Wages	5,321	1,938
Social security	567	220
Pensions	522	184
Publicity and promotion	5,104	3,549
Fundraising consultant	9,706	12,061
	<u>21,220</u>	<u>17,952</u>
Charitable activities		
Wages	147,493	154,252
Social security	15,440	16,922
Pensions	13,737	16,277
Rent and services	4,845	5,335
Insurance	1,227	1,255
Telephone	782	377
Postage and stationery	1,944	556
Equipment refurbishment	9,276	7,333
Research and development	1,391	16,391
Training course costs	103	645
Clinical costs	442	293
Staff training	2,298	761
Equipment hire	10,129	7,539
Conference costs	166	445
Travel	2,025	2,232
Bad debt	-	541
Carried forward	211,298	231,154

This page does not form part of the statutory financial statements

The Movement Foundation

Detailed Statement of Financial Activities
for the Year Ended 31st July 2010

	31.7.10	31.7.09
	£	£
Charitable activities		
Brought forward	211,298	231,154
Depreciation of treatment equipment	5,783	6,677
	<u>217,081</u>	<u>237,831</u>
Governance costs		
Trustees' expenses	400	96
Accountancy	905	699
Legal fees	205	-
	<u>1,510</u>	<u>795</u>
Support costs		
Management		
Wages	5,113	3,363
Social security	579	375
Pensions	512	320
Insurance	136	142
Postage and stationery	392	349
Maintenance of office equipment	-	384
Sundries	72	85
Recruitment costs	206	128
IT Support	219	83
Bookkeeping and payroll	3,304	3,186
Bank charges	-	12
Human resource costs	1,614	735
Depreciation of tangible and heritage assets	933	1,060
	<u>13,080</u>	<u>10,222</u>
Total resources expended	<u>252,891</u>	<u>266,800</u>
Net income	<u><u>35,941</u></u>	<u><u>11,859</u></u>