

REGISTERED COMPANY NUMBER: 3713213 (England and Wales)
REGISTERED CHARITY NUMBER: 1075549

**Report of the Trustees and
Unaudited Financial Statements For The Year Ended 31 July 2011
for
The Movement Foundation**

Turner Peachey
Chartered Accountants
Salop House
Salop Road
Oswestry
Shropshire
SY11 2NR

The Movement Foundation

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for the Year Ended 31 July 2011**

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The Movement Foundation

Report of the Trustees for the Year Ended 31 July 2011

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 July 2011. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

3713213 (England and Wales)

Registered Charity number

1075549

Registered office

The Movement Centre
Robert Jones & Agnes Hunt Hospital
Gobowen
Oswestry
Shropshire
SY10 7AG

Trustees

Dr G F Cole	
Mr P D Edwards	
Mrs J G James	
Ms C E Monether	
Mr R E Major	
Dr R C M Quinlivan	- resigned 5.10.10
Mrs AC Woodcock	
Mr S Gillies	
Mrs J Martin	- appointed 14.9.10
Dr M Smith	- appointed 7.1.11

Company Secretary

Mrs G M Jones

Independent Examiner

Turner Peachey
Chartered Accountants
Salop House
Salop Road
Oswestry
Shropshire
SY11 2NR

The Movement Centre staff

Dr Penny Butler	Director
Sarah Bew	Physiotherapist
Lynne Ford	Therapy Instructor
Ellen Thompson	Clinical Specialist Physiotherapist
Meryl Jones	PA to the Director
Rhona Avery	Business Manager

The Movement Foundation

Report of the Trustees for the Year Ended 31 July 2011

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Movement Foundation is a charitable company limited by guarantee, incorporated on 12 December 1999 and registered as a charity at the same date. The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. The Movement Centre is the operative arm of the charity and matters related to treatment of patients through The Movement Centre is delegated to appropriate clinical staff.

Trustees

The organisation delivers a healthcare service and the current body of Trustees thus has a strong representation of people with an appropriate background. The range of skills available includes bioengineering, medicine, physiotherapy, finance, company directorship and two Trustees are parents of disabled children. There is also legal advice available as required. Several of the Trustees have experience in running large organisations and a wealth of charity experience. A system of gap analysis is used to ensure that the Trustee body has a suitable range of knowledge and skills within its ranks. This analysis is reviewed annually.

The Trustees retiring by rotation who, being eligible, are available for re-election are:

Stuart Gillies
Richard Major
Liz Monether

When a vacancy exists the new Trustee will be of similar standing to the retiring Trustee. All members are circulated prior to the Annual General Meeting advising them of the retiring Trustees and requesting nominations for the Annual General Meeting. Newly appointed Trustees are invited to attend clinical sessions at The Movement Centre, if they so wish, in order to familiarise themselves with the work of the organisation.

Risk management

The Risk Management process affords an opportunity for a methodical examination of the systems and practices within an organisation and the potential to identify weaknesses or omissions before they threaten the effective delivery of services. As such, it is preferable to a policy of crisis management where action is taken only when events conspire to interrupt efficient operation. The Movement Foundation employs the widely used method of maintaining a Risk Register using the guidelines and specific criteria recommended by the National Patient Safety Agency. This enables a sophisticated approach to prioritising areas for remedial action and strengthens the Foundation's attempts to deal with problems before they arise. This policy and procedures are reviewed annually. External risks to funding are minimised through employment of a fundraiser while internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure consistent quality of delivery for operational aspects of the charitable company.

Public benefit

Trustees confirm that they have referred to the guidance contained in the Charities Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

The Movement Foundation

Report of the Trustees for the Year Ended 31 July 2011

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objective of The Movement Foundation is to help resolve the problems and difficulties that are a consequence of poor control of movement, particularly in children with cerebral palsy. Functional difficulties in these children range from inability to control head posture in those most severely affected to problems with walking in the least affected. The Movement Centre has now been operating for fifteen years, based at Oswestry, Shropshire; it continues to act as the operative arm of The Movement Foundation to address this clinical need. The Movement Foundation, through The Movement Centre, aims to meet its objectives by:

- providing a clinical service assessing and treating children with movement control difficulties, thus improving functional abilities and quality of life
- teaching and publishing the techniques developed at the Centre thus ensuring that an ever widening professional and lay audience is aware of what can be achieved
- researching and developing new methods for promoting movement control (R&D). This factor is vital to ensure that children with problems of movement control are offered the optimal therapy provision.

Targeted Training, the therapy technique developed at The Movement Centre, has continued to provide the main focus of activity during the last year in order for the Charity to realise its clinical, teaching and R&D objectives and aims.

The Movement Centre produces an Annual Review each year: this is essentially promotional in nature and describes the various activities undertaken throughout the year. Copies of the Annual Review are available to all interested parties on request.

ACHIEVEMENT AND PERFORMANCE CLINICAL

The Movement Centre has continued to operate from rented premises at the Robert Jones and Agnes Hunt Orthopaedic and District Hospital at Oswestry, Shropshire. The RJAH Hospital NHS Trust advised The Movement Centre last year that the Nurses Home, in which the Centre was housed, would be demolished as part of the Trust's site redevelopment plans. The Centre has now been relocated with clinical services currently operating from one room and administrative services in temporary accommodation. It is hoped that full relocation to our own dedicated premises will be completed by the end of summer 2011. The reduction from two therapy rooms to just one at present has inevitably had an impact on the number of children that can be seen.

One or more functional goals are set for each child at the start of their course of Targeted Training therapy. These goals are accompanied by a time frame in which the goal(s) should be achieved. This combination gives families, children and therapists a realistic objective. Each child will usually now be working towards two to five functional goals at any one time.

- Forty-two children were referred during the year and 25 additional children re-referred for a further course of therapy.
- One hundred and five children received either Targeted Training or other intervention to help their movement skills. Nine children attended for a follow up review after completion of a course of Targeted Training therapy some months earlier.
- Five children were seen on a one-off basis for specific advice on their therapy management with respect to movement control / functional skills.
- Eighty-one percent of functional goals set during the year were achieved with an overall success rate of 83% during the fifteen years that The Movement Centre has been operational. These functional goals include the fundamental skills of head control, sitting, standing and walking.
- Importantly, all of these goals have been recorded within modest time scales with an average time of 18 weeks to achieve the basic skill of head control and 20 weeks to achieve sitting over the 15 years that The Movement Centre has been operative. Within the last 12 months, the average time to achieve head control has been 20 weeks while sitting skills have reduced to 16 weeks, confirming The Movement Centre's expertise in these areas.
- The Movement Centre has also continued to use the Edinburgh Visual Gait Score in those children for whom this is an appropriate outcome measure and a clear improvement towards normal walking (an increase of 14% barefoot and 10% with shoes) has been demonstrated following Targeted Training.

The Movement Foundation

Report of the Trustees for the Year Ended 31 July 2011

ACHIEVEMENT AND PERFORMANCE

- A new outcome measure reviews the change in children's functional ability with Targeted Training using a standardised Function Measure and compares this with published data showing what might be expected if children receive ongoing conventional physiotherapy input (as opposed to Targeted Training). For the vast majority of children, the results achieved with Targeted Training clearly exceed what might have been expected with ongoing conventional physiotherapy input.

- A 'Family / User Survey' has been introduced to determine the views of families on a range of issues, including appointment scheduling and convenience, whether families felt involved, their views on explanations that were given, the process of Targeted Training and their overall impression. This was sent to all 50 families whose children completed a course of Targeted Training in 2010 with a reply paid envelope to ensure anonymity. Twenty-eight questionnaires were returned (56%). In response to 'overall impression', 93% of respondents rated 'Do you feel you have been kept informed?' as 'Excellent', 96% rated 'Friendliness of staff' as 'Excellent' and 89% rated 'Overall Impression' as 'Excellent'. There were no 'Poor' or 'Very Poor' responses.

- During the year 51% of courses commenced were funded by the child's local Primary Care Trust and indicates the recognition of the benefits of Targeted Training by local Health Service providers. Nevertheless, 49% of children attending The Movement Centre have been reliant on charitable funding from The Movement Foundation.

It should be noted that all staff contribute to the delivery of clinical services.

Equal access to services is an important issue for Trustees. Although children are referred by their local health team, access to services is not limited because of family circumstances or Primary Care Trust funding. The Movement Foundation provided the costs of therapy for 49% of children during the last twelve months and has a vigorous fundraising remit for this purpose. No child has been declined treatment because of personal background, faith, gender or family circumstances. The Clinical Governance policy that is in place continues to guide activities and ensure that patients receive the highest possible quality of care. This policy is subject to annual reappraisal. All staff receive regular training in Child Protection.

[Note: More detailed information and analysis on the clinical work carried out can be found in the Annual Report of The Movement Centre, which is available on request.]

The Movement Centre is now a registered provider with the Care Quality Commission (Provider ID No: 1-217540517). This followed an inspection to determine the suitability of the premises and assessment of the competency of Dr Penny Butler as the overall Manager. The Movement Centre is thus authorised to carry out its regulated activity, which is the 'treatment of disease, disorder and injury'. A review of all policies was undertaken as part of the process towards registration. An audit checklist has been produced and audit of patient records will now take place regularly to ensure sure that all records are consistent and fully completed.

Performance against targets: Clinical

The Trustees Report for year end 31st July 2010 stated " The primary focus for the coming year remains the continued provision of Targeted Training Therapy for our existing and future children, thus meeting the primary object of the Charity" It is clear that this has been achieved and also that the children attending have benefited from the therapy given, thus meeting the third stated target of maintaining quality and standards. It was also recognised that the relocation of services and temporary reduction in clinical space would impact on the number of children that could be seen. It had been intended to maintain throughput at the same level as 2009/2010 with 69 children commencing a course of Targeted Training. In fact only 55 children have started Targeted Training but the greater-than-anticipated disruption to services has meant that it would have been difficult to see more children.

Other Clinical Targets for year end 31st July 2010 were i) division of therapeutic activities from practice management by the recruitment of a clinic manager thus enabling the Director to focus more on implementing the strategy and ii) development of mechanisms to show any clinical advantage of Targeted Training over conventional standard physiotherapy practice with any such advantage drawn to the attention of Primary Care Trusts and other potential funders. Both of these targets have been achieved.

The Movement Foundation

Report of the Trustees for the Year Ended 31 July 2011

ACHIEVEMENT AND PERFORMANCE TEACHING AND PROMOTION

Raising awareness about Targeted Training continues to have high priority. Every opportunity is taken to inform both professional and lay audiences about the work of The Movement Centre; the number of enquiries from families and therapists who are aware of, or who know, children local to them who are attending The Movement Centre continues at a high level. The web site of The Movement Centre (www.the-movement-centre.co.uk) has been completely revised and presents a range of information available including clinical results achieved with Targeted Training.

Invited presentations on Targeted Training

Presentations have included:

- An invited presentation on 'Targeted Training and Virtual Reality in Rehabilitation' has been given at Keele University as part of their post graduate course on Assistive Technology in Rehabilitation. This was a joint presentation between Dr Penny Butler and Dr. Gabor Barton (Research Institute for Sport and Exercise Sciences, Liverpool John Moores University) who spoke about their Caren system and current research linking Targeted Training. (March 2011)
- A poster was presented at the Robert Jones and Agnes Hunt Hospital's Research Day 2011 entitled 'Functional Gains with Targeted Training after Multi-Level Surgery', authors Ellen Thompson and Sarah Jarvis, (Orthotic Research and Locomotor Assessment Unit, Robert Jones and Agnes Hunt Hospital NHS Trust). (May 2011)
- Sarah Bew and Penny Butler have given an invited presentation to physiotherapists, occupational therapists and therapy assistants from Alder Hey Children's NHS Foundation Trust and from the local Community Services. The presentation covered Targeted Training and time was also available to introduce the Segmental Assessment of Trunk Control. (July 2011)

Other courses and conferences

Papers have been presented at the following conferences:

- 'Assessing postural and motor performance in rehabilitation using adaptive task difficulty in a training game', GJ Barton, MB Hawken, RJ Foster, G Holmes and PB Butler. XX Annual Conference of the International Society for Posture and Gait Research, Akita, Japan. (June 2011)
- 'Playing the Goblin Post Office game improves movement control of the core: a case study', MB Hawken, RJ Foster, PB Butler, G Holmes and GJ Barton. International Conference for Virtual Rehabilitation, Zurich. (June 2011)
- 'Training the core in children with Cerebral Palsy using computer games: A sensitivity analysis of its impact on walking'. RJ Foster, MB Hawken, G Holmes, PB Butler and GJ Barton. 16th Annual Congress of the European College of Sport, Liverpool. (July 2011)
- 'Virtual Rehabilitation in Cerebral Palsy: from Magic Carpet to Goblin Post Office', GJ Barton, MB Hawken, RJ Foster, G Holmes and PB Butler. 16th Annual Congress of the European College of Sport, Liverpool. (July 2011)

Physiotherapy Students at The Movement Centre

The Movement Centre has continued taking third year physiotherapy students from the University of Keele for clinical placement. These placements last between five and six weeks with the student attending each day. A considerable amount of preparation is required to ensure that the student's programme introduces each component of Targeted Training and management of severely disabled children in planned stages. Close liaison with Keele is also required. The Movement Centre is an unusual placement as it is such a specialised setting but students benefit from the opportunity to see and to practise detailed assessment, treatment planning and review and to begin to incorporate ideas from The Movement Centre into their future careers.

Staff Education

The Movement Foundation is committed to ongoing staff training and education to ensure that staff are fully able to meet the needs of children, whether through clinical work or by provision of funding. Regular updates have continued on issues such as Health and Safety, Cardio-pulmonary Resuscitation and Manual Handling. In service training for staff has also included the following sessions:

- Neural components of spasticity
- Head control and issues of ORLAU standers
- Paediatric Outcome Measures

The Movement Foundation

Report of the Trustees for the Year Ended 31 July 2011

ACHIEVEMENT AND PERFORMANCE

- The Bobath Concept
- Gross Motor Function Measure and the specific use of this measure by The Movement Centre
- Dyspraxia

Opportunities have been given for Rhona Avery to widen her professional and background experience specific to the requirements of her new post and included:

- A Mentoring course
- A session on 'Conducting Appraisals'
- Attendance at initial assessment and review of children attending The Movement Centre

In addition:

Sarah Bew and Ellen Thompson have attended one day of the APCP conference held this year in Coventry. They found it a useful session especially the component on Outcome Measures.

Penny Butler and Ellen Thompson have attended the Advanced Clinical Educators Course at Keele University. This was a very helpful session aimed at problem solving and the needs of specific placements with regard to student learning.

Penny Butler has attended a session on 'Physiotherapy and NHS Commissioning' held at Princess Royal Hospital, Telford. This reviewed the future in terms of commissioning and provided valuable background information.

Ellen Thompson and Sarah Bew have attended a course in Southampton on 'Gait and Ankle Foot Orthosis (AFO) Tuning'. They both found it a useful revision of gait and a help in increasing understanding of the principles of AFO tuning.

Ellen Thompson and Penny Butler have attended the Clinical Educators AGM at Keele University. All staff attended a specially arranged session on 'Handling Criticism'.

Performance against targets: Teaching and Promotion

The Trustees Report for year end 31st July 2010 emphasised the ongoing need for increasing awareness of The Movement Centre Targeted Training therapy to ensure that as many professionals as possible are aware of the services. The new website has been critical in this process. The various presentations have also continued to provide an ideal vehicle for this creation of awareness. Physiotherapists are key to the referral process as they are usually the professionals who initiate the referral and a number of children have been referred as a direct consequence of physiotherapists attending presentations. Dr Penny Butler has been awarded a Fellowship of the Chartered Society of Physiotherapy for her contribution to Paediatric Physiotherapy. Although this is a personal award, this prestigious honour has provided another significant platform for promoting the work of The Movement Centre.

RESEARCH AND DEVELOPMENT

The issues surrounding Research Governance make it difficult for a relatively small organisation, such as The Movement Foundation, to take a principal role in research. However, research is fundamental to improving services for the disabled children in our care and thus The Movement Foundation follows a policy of actively supporting research partners in order to further the objectives of the organisation.

Equipment development: Targeted Training Equipment

Specially designed equipment is integral to provision of effective Targeted Training therapy. The current design of Targeted Training equipment has been in place for many years and some of its features, such as the seated option, do not comply with EU Manual Handling Regulations for any but the lightest weight child. The Movement Centre has now teamed up with R82 A/S, one of the major companies providing therapy equipment for children. R82 have their headquarters in Denmark but also operate in the UK, many parts of Europe and in the USA. As a company, they have a focus on both equipment function and appearance. Their UK team and their physiotherapist from Denmark, Bente Storm, have been to visit The Movement Centre and the Danish design team have produced the first ideas. This was followed by a videoconference and a further meeting has since been held in Copenhagen, specifically to look at problems associated with getting children in and out of the device.

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Report of the Trustees for the Year Ended 31 July 2011

ACHIEVEMENT AND PERFORMANCE

Training and testing core control using virtual reality games: a pilot study

This research, carried out at the Research Institute for Sport and Exercise Sciences, Liverpool John Moores University with Dr Gabor Barton, Reader in Biomechanics as principle grant holder, has now been completed. It was a collaborative study between LJMU, The Movement Centre and The Gait Laboratory at Alder Hey Children's NHS Foundation Trust and funded by WellChild. The aim of the study was to design, develop and evaluate custom made computer games (the 'Goblin Post Office') to improve movement co-ordination of children with cerebral palsy who have impaired dynamic movement control of the pelvis and trunk (core). The basis of the research was that exposure to computer games driven by active body movements of the core can lead to measurable improvements of core control and gait. A number of conference papers and presentations have been given from this project. The Final Report has been submitted to WellChild and a closing event has been held. This was primarily intended to thank the children and families. Although this specific project has finished, elements of the work are ongoing as the Research Assistant appointed for the project is continuing development and testing of a portable version of the Goblin Post Office Game.

Postural Assessment during Hippotherapy

This project has been undertaken by Lynne Munro, a Senior Paediatric Physiotherapist, who was awarded funding by the Nancy Finnie Charitable Trust. Hippotherapy is a physiotherapy treatment in which the movement of a trained horse is selectively used to promote the functional ability and participation of children who have neurological impairment such as cerebral palsy. The purpose of the project was to develop an outcome measure of posture when a child is sitting astride a walking horse and to test the reliability of the measure. The Movement Centre's role in the work was for Dr Penny Butler to provide research supervision.

There has previously been no outcome measure available that assesses posture when a child is astride a horse. The use of hippotherapy is intended to improve a child's posture and functional abilities in everyday life. Thus the ability to measure posture when a child is on a horse will help to direct their future hippotherapy and thus, hopefully, bring about an improvement in a child's 'off horse' function. It is intended that the measure will complement existing measures of posture when a child sitting on a box or bench. This project has now been completed and a scoring system devised and tested. The Final Report has been submitted to the Nancy Finnie Charitable Trust. Future work will include presentations at conferences and preparation of a paper for publication so that the measure is available to all who might wish to use it.

External Research

Two projects are currently funded by the National Institutes of Health, the leading medical research agency of the USA. Both of these projects are taking place in the USA, one at the University of Oregon and the other at the University of Michigan and both are exploring aspects of segmental control of the trunk. This follows previous NIH funding investigating the contribution of spinal segments to control of posture, conducted at the University of Oregon. The principle of segmental control was originated at The Movement Centre and forms the basis of Targeted Training. Thus, to have research of this calibre, funded by the NIH, provides recognition and credibility of this approach.

Performance against targets: Research and Development

The support offered to the research programme 'Training and testing core control using virtual reality games: a pilot study' was a specific target identified in the Trustees Report for year end 31st July 2010 and has been achieved. The support offered to the research programme 'Postural Assessment during Hippotherapy' was also a specific target and has been achieved. There were no targets that were not achieved.

PUBLIC RELATIONS ACTIVITIES

The yearly Annual Review continues to form an excellent means of promoting the work of The Movement Centre. It is an ideal vehicle to increase communication with donors and supporters of The Movement Centre as well as with families of children who attend the Centre. Its colourful format and style are less formal than the peer reviewed papers that are the more usual output of The Movement Centre but it communicates the clinical, research and educational activities that have taken place during the year. It has become very popular and The Movement Centre is never short of children attending for Targeted Training therapy who are eager for their photograph to feature.

The Movement Foundation

Report of the Trustees for the Year Ended 31 July 2011

ACHIEVEMENT AND PERFORMANCE

Our Awards Party has now become an annual fixture, greatly anticipated by the children who attend The Movement Centre. As in previous years, the Party was held at The Venue, Park Hall, Oswestry. Once again, it was a most enjoyable event, with 90 guests (29 children including siblings and friends). This year, the Lady Trevor Award for the greatest contribution to The Movement Centre during the previous 12 months was presented to Connor Lamb and family, who live in Foston, Derbyshire. Children who had completed their course of therapy in 2010 were presented with special certificates and all children had party bags. The event was supported by The Chartered Physiotherapy Clinic Ltd. Wrexham, The Cooperative Food Store, Gobowen, Costco Wholesale, Chester, Marks & Spencer Simply Food, Oswestry, Sainsbury's Supermarket, Oswestry, The Venue, Park Hall and Wilkinson's, Oswestry. This ensured plenty of food and a full party bag for each child. Sainsbury's also generously gave an Easter egg to each child. Children (and some adults!) enjoyed the face painting and John and Carole Warburton provided entertainment with guitar music. The Friends of The Movement Centre (West Midlands) ran a raffle, with Molly Martin and her friend, Megan doing their customary hard sell of tickets and raising £200. Members of Loton and Clee St Margaret WIs were present, providing an opportunity for donors to meet children. Colin Hayes, representing GKN Sankey Employees' Charity Trust was also present. All charity donors within the last year had been invited and, although distance prevented most from attending, many sent their thanks for the invitation and good wishes. It was a very happy occasion and families enjoyed meeting other families.

The Movement Centre's fifth Annual Seminar has taken place, this year at the Park House Hotel, Shifnal. Twenty-six delegates attended including community paediatric physiotherapists, paediatricians and representatives of Conductive Education and all agreed that the change of venue was positive. The speakers were Pauline Christmas, Consultant Physiotherapist, Birmingham Community Health Care NHS Trust on 'Upper limb constraint induced movement therapy in pre-school children with hemiplegic cerebral palsy: an RCT in progress' and Dr Neil Postans and Sarah Jarvis, Orthotic Research and Locomotor Assessment Unit, Robert Jones and Agnes Hunt Hospital NHS Trust, on 'Functional Electrical Stimulation (FES) in the rehabilitation of adults and children with neurological deficits'. It was a most enjoyable afternoon with many very positive comments from participants.

Other fundraising activities have included:

- A sponsored rowing marathon by the Rex Boat Club (friends, parents and alumni of King's School, Chester).
- The annual 'Four Crosses Military Whist Drive'.
- Andrew Ford successfully completed the London Marathon in 4 hours 42 minutes.

The Movement Centre is delighted to be the nominated Charity for 2011 for RAF Shawbury.

Sainsbury's, Oswestry have chosen The Movement Centre as their local charity of the year. Two representatives from the store have since visited The Movement Centre and were able to meet a child and family and to see Targeted Training in practice. There will be a collection box in the store but most importantly it will be helpful to increase awareness locally.

The kite logo of The Movement Centre is now a registered Trade Mark.

Performance against targets: Public Relations

The Trustees Report for year end 31st July 2010 emphasised the ongoing need for raising awareness in order that clinicians and families are aware of the services available, again meeting the Charity's objects. However, care needs to be taken with such promotion in order that the hopes of families are not raised unjustifiably. A specific target was to continue to raise the profile of The Movement Foundation/Centre locally and increase the support from local businesses, communities, schools and press. This has been achieved, as shown above, and also by the press reports of the various events. Support has been provided for the Friends of The Movement Centre (West Midland); however, establishment of further 'Friends' groups has not taken place. The place of 'Friends' groups are currently under review to establish their specific purpose and remit. The Trade Marking of The Movement Centre kite logo has been achieved.

The Movement Foundation
Report of the Trustees
for the Year Ended 31 July 2011

FINANCIAL REVIEW

Reserves policy

The Foundation has reviewed the need to hold unrestricted funds in reserve having taken account of the guidance issued by the Charity Commission.

1. The Trustees believe that it is appropriate and prudent to hold such reserves because the Foundation:
 - a) provides direct funding to enable the delivery of treatment programmes to disabled children which can be of up to ten months' duration;
 - b) supports these services with charitable funds which derive from many sources and which can be volatile in nature;
 - c) believes that it is vital that it should maintain continuity of service delivery to all those enrolled for treatment;
 - d) needs to be capable of responding to:
 - i. opportunities to develop the treatment services on offer,
 - ii. furthering the associated research work to demonstrate their efficacy,
 - iii. requests for advice and assistance from parallel organisations,
 - iv. the demand for the training of staff to increase the availability of services.
2. The Trustees have therefore set a target for these reserves.
 - a) Reserves should be sufficient to cover the liquidation cost of The Movement Centre. Funds must cover the running expenses for a graceful shut down procedure. The required sum will be reviewed at least annually.
 - b) Action will be taken if reserves fall below 1.5 or rise above 2.5 times the required amount.
3. This policy will be reviewed each year at the Annual General Meeting. Factors to be considered will include:
 - a) the nature and level of the global activity of the Foundation;
 - b) the proportion of patients bringing financial support from external sources;
 - c) the stability of the reserves;
 - d) any other relevant issues.

Principal funding sources

The charity has many income sources none of which are a principal funding source.

Investment policy and objectives

The investment objective for The Movement Foundation is to maintain sufficient deposit funds to meet the commitments and objectives of the charity. The Trustees, in maintaining a robust Reserves Policy, will not therefore commit charity funds to any other investment that carries any degree of risk. In doing so, the Trustees understand that inflationary pressures may impact on the value of deposits held in real terms. The Trustees retain the power to decide investment strategy.

The Movement Foundation has £125,000.00 available for investment. The organisation does not anticipate committing any deposit funds to longer term investment unless reserves exceed our Reserves Policy above the threshold for a period of more than 6 months.

Asset mix: The portfolio should be invested within the following ranges:

Asset mix

Equities 0%
Bonds 0%
Property 0%
Cash 100%

Investment is restricted to cash deposit unless otherwise agreed. There will be no diversification at this time. Funds are held with both COIF and Scottish Widows.

Reporting requirements: The Movement Foundation requires the following reporting:

- A six monthly report confirming the rate of interest and a comparison with other available accounts.
- Annual attendance of the investment manager at the Trustee Board to discuss the performance of the portfolio, economic conditions and future requirements.

The Movement Foundation

Report of the Trustees for the Year Ended 31 July 2011

FINANCIAL REVIEW

Performance against targets: Financial Stability

The Trustees Report for year end 31st July 2010 stated that 'it remains vital that the profile of The Movement Foundation/Centre is raised and the funds raised by the Charity substantially increased'. The Movement Foundation has taken the following actions as proposed:

- Further applications to large Charitable Organisations for funding. This has been very successful during the year with a marked increase in donations.

- Raising the profile of the organisation amongst local businesses, communities and schools, thereby increasing local financial support. This has been achieved principally through the Awards Party and becoming the Charity of the Year for Sainsbury's, Oswestry and RAF Shawbury.

- Review of the charges made for assessment and for a course of Targeted Training therapy, viewed against the cost of providing therapy. This was undertaken and the fees adjusted accordingly ensuring that public benefit was met by enabling all clinically appropriate children to access services regardless of their financial situation or any lack of funding from their Primary Care Trust.

Money Laundering

The Movement Foundation is aware of the risks posed to the business by criminals for money laundering and terrorist financing. The trustees maintain transparent financial processes which are reviewed by our accountants. The Foundation has a policy in place which requires them to make enquiries regarding donations as appropriate and to date has not identified any instances of money laundering.

The Movement Foundation

Report of the Trustees for the Year Ended 31 July 2011

FUTURE DEVELOPMENTS

The primary focus for the coming year remains the continued provision of Targeted Training Therapy for our existing and future children, thus meeting the primary object of the Charity. It will also be vital to continue promotional activities so that as many professionals and families as possible are aware of the activities of The Movement Foundation and The Movement Centre.

Continued Treatment Provisions

- Complete relocation to larger premises.

- The number of children starting a course of Targeted Training will, inevitably, be limited until two treatment rooms become available, scheduled for late summer 2011. There is also an externally imposed limitation on equipment to enable Targeted Training. The target for the year is thus to increase the throughput to at least 65 children and aiming for 80 children, noting that there is a constraint on anticipated throughput this year.

- The User / Family Survey revealed that the lowest scoring area related to appointment times and dates. It is hoped that the move to new premises will mean that more convenient appointment times can be offered to address this issue and this will be monitored through the User / Family Survey.

- It will be essential to ensure maintenance of quality and standards through use of appropriate clinical tools. In particular, emphasis should continue to be placed on development of mechanisms to show any clinical advantage of Targeted Training over conventional standard physiotherapy practice. Any such advantage should be drawn to the attention of Primary Care Trusts and other potential funders.

- To ensure on-going compliance with the requirements of the Care Quality Commission.

Increasing Awareness of The Movement Centre and Targeted Training Therapy

There remains a need to continue raising awareness in order that clinicians and families are aware of the services available, again meeting the Charity's objects. However, care needs to be taken with such promotion in order that the hopes of families are not raised unjustifiably.

- The study days 'Posture and Movement Control' have previously proved a very effective method of raising awareness within the Therapy profession. The study days enable Physiotherapists to have a greater understanding of how to assess children, how knowledge of biomechanics can assist and the study days have been shown to result in greater numbers of children referred to The Movement Centre. These will continue to be offered in the next twelve months providing Physiotherapists with greater insight into the assessment of children with movement difficulties and also promoting the Targeted Training therapy offered by The Movement Centre.

- To continue to raise the profile of The Movement Foundation/Centre locally, engaging support from local businesses, communities and press.

- To raise the profile of The Movement Centre amongst professional colleagues both in the UK and overseas by presentations at conferences and other events.

Research and Development

- To provide ongoing support for the development of Targeted Training equipment.

- To provide consultancy for outside research projects as required that are linked to Targeted Training or issues of movement control.

Increasing Financial Stability

The costs involved with the clinical, teaching and promotional and research and development activities outlined above mean that it remains vital that the profile of The Movement Foundation/Centre is raised and the funds raised by the Charity substantially increased. The Movement Foundation aims to achieve this by taking the following actions during the forthcoming year:

- To seek contracts beyond those already in place with Primary Care Trusts in order to gain more secure clinical funding

- Further applications to large Charitable Organisations for funding.

The Movement Foundation

**Report of the Trustees
for the Year Ended 31 July 2011**

- Ongoing review of the charges made for assessment and for a course of Targeted Training therapy, viewed against the cost of providing therapy. However, this will be undertaken ensuring that public benefit is met by enabling all clinically appropriate children to access services regardless of their financial situation or any lack of funding from their Primary Care Trust.

TRUSTEE RESPONSIBILITIES

A review of the skills of the Trustees will be undertaken to ensure that the management needs of The Movement Foundation are being met and will be refined as appropriate.

On behalf of all those who have benefited from the work carried out at The Movement Centre the Trustees wish to thank the many organisations and people who have provided the financial support that makes our work possible.

ON BEHALF OF THE BOARD :

Mr R E Major - Trustee

8 December 2011

Independent Examiner's Report to the Trustees of The Movement Foundation

I report on the accounts for the year ended 31 July 2011 set out on pages fourteen to twenty one.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 43(2) of the Charities Act 1993 (the 1993 Act)) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 43 of the 1993 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 43(7)(b) of the 1993 Act); and
- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
 - to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

J M Ollier FCA
Turner Peachey
Chartered Accountants
Salop House
Salop Road
Oswestry
Shropshire
SY11 2NR

8 December 2011

The Movement Foundation

**Statement of Financial Activities
for the Year Ended 31 July 2011**

	Notes	Unrestricted funds £	Restricted funds £	31.7.11 Total funds £	31.7.10 Total funds £
INCOMING RESOURCES					
Incoming resources from generated funds					
Voluntary income		20,706	75,516	96,222	41,607
Investment income	2	1,961	-	1,961	1,405
Incoming resources from charitable activities					
Provision of therapy		218,637	-	218,637	245,820
Total incoming resources		<u>241,304</u>	<u>75,516</u>	<u>316,820</u>	<u>288,832</u>
 RESOURCES EXPENDED					
Costs of generating funds					
Costs of generating voluntary income		17,152	-	17,152	21,220
Charitable activities					
Provision of therapy		226,801	49,201	276,002	230,025
Governance costs		11,026	-	11,026	1,646
Total resources expended		<u>254,979</u>	<u>49,201</u>	<u>304,180</u>	<u>252,891</u>
 NET INCOMING/(OUTGOING) RESOURCES					
		(13,675)	26,315	12,640	35,941
 RECONCILIATION OF FUNDS					
Total funds brought forward		128,695	61,778	190,473	154,532
 TOTAL FUNDS CARRIED FORWARD		<u><u>115,020</u></u>	<u><u>88,093</u></u>	<u><u>203,113</u></u>	<u><u>190,473</u></u>

The notes form part of these financial statements

The Movement Foundation

**Balance Sheet
At 31 July 2011**

	Notes	Unrestricted funds £	Restricted funds £	31.7.11 Total funds £	31.7.10 Total funds £
FIXED ASSETS					
Tangible assets	6	18,593	-	18,593	20,147
CURRENT ASSETS					
Debtors	7	17,412	-	17,412	27,936
Cash at bank and in hand		155,467	96,468	251,935	247,124
		<u>172,879</u>	<u>96,468</u>	<u>269,347</u>	<u>275,060</u>
CREDITORS					
Amounts falling due within one year	8	(76,452)	(8,375)	(84,827)	(104,734)
NET CURRENT ASSETS		<u>96,427</u>	<u>88,093</u>	<u>184,520</u>	<u>170,326</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		115,020	88,093	203,113	190,473
NET ASSETS		<u>115,020</u>	<u>88,093</u>	<u>203,113</u>	<u>190,473</u>
FUNDS					
Unrestricted funds	10			115,020	128,695
Restricted funds				88,093	61,778
TOTAL FUNDS				<u>203,113</u>	<u>190,473</u>

The notes form part of these financial statements

The Movement Foundation

Balance Sheet - continued

At 31 July 2011

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2011.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 July 2011 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Board of Trustees on 8 December 2011 and were signed on its behalf by:

Ms C E Monether -Trustee

The Movement Foundation

Notes to the Financial Statements for the Year Ended 31 July 2011

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 25% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. INVESTMENT INCOME

	31.7.11	31.7.10
	£	£
Deposit account interest	1,961	1,405
	<u> </u>	<u> </u>

3. NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting):

	31.7.11	31.7.10
	£	£
Depreciation - owned assets	6,197	6,716
	<u> </u>	<u> </u>

The Movement Foundation

**Notes to the Financial Statements - continued
for the Year Ended 31 July 2011**

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 July 2011 nor for the year ended 31 July 2010.

Trustees' Expenses

	31.7.11	31.7.10
	£	£
Trustees' expenses	882	400
	<u>882</u>	<u>400</u>

5. STAFF COSTS

	31.7.11	31.7.10
	£	£
Wages and salaries	181,246	157,927
Social security costs	19,099	16,586
Other pension costs	17,698	14,771
	<u>218,043</u>	<u>189,284</u>

The average monthly number of employees during the year was as follows:

	31.7.11	31.7.10
Charitable	5	5
Support	1	-
	<u>6</u>	<u>5</u>

6. TANGIBLE FIXED ASSETS

	Plant and machinery etc £
COST	
At 1 August 2010	109,492
Additions	4,643
At 31 July 2011	<u>114,135</u>
DEPRECIATION	
At 1 August 2010	89,345
Charge for year	6,197
At 31 July 2011	<u>95,542</u>
NET BOOK VALUE	
At 31 July 2011	<u>18,593</u>
At 31 July 2010	<u>20,147</u>

The Movement Foundation

**Notes to the Financial Statements - continued
for the Year Ended 31 July 2011**

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.7.11	31.7.10
	£	£
Trade debtors	17,412	27,743
Other debtors	-	193
	17,412	27,936
	17,412	27,936

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.7.11	31.7.10
	£	£
Bank loans and overdrafts	-	35
Payments on account	64,613	96,126
Trade creditors	12,312	1,960
Taxation and social security	-	4,848
Other creditors	7,902	1,765
	84,827	104,734
	84,827	104,734

9. PENSION COMMITMENTS

The Movement Foundation operates a defined contribution pension scheme, the total amount paid into the scheme during the year is £17,699 (2010 £14,771).

10. MOVEMENT IN FUNDS

	At 1.8.10	Net movement	At 31.7.11
	£	in funds	£
		£	
Unrestricted funds			
General fund	97,900	(7,675)	90,225
Equipment redevelopment	10,795	-	10,795
Premises relocation	20,000	(6,000)	14,000
	128,695	(13,675)	115,020
Restricted funds			
Equipment refurbishment and hire	35,334	37,541	72,875
Geographical restriction	26,444	(11,226)	15,218
	61,778	26,315	88,093
TOTAL FUNDS	190,473	12,640	203,113

The Movement Foundation

Notes to the Financial Statements - continued for the Year Ended 31 July 2011

10. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	241,304	(248,979)	(7,675)
Premises relocation	-	(6,000)	(6,000)
	<u>241,304</u>	<u>(254,979)</u>	<u>(13,675)</u>
Restricted funds			
Equipment refurbishment and hire	73,713	(36,172)	37,541
Geographical restriction	1,803	(13,029)	(11,226)
	<u>75,516</u>	<u>(49,201)</u>	<u>26,315</u>
TOTAL FUNDS	<u><u>316,820</u></u>	<u><u>(304,180)</u></u>	<u><u>12,640</u></u>

Unrestricted Equipment Redevelopment Fund

The Unrestricted Equipment Redevelopment fund is held to fund the cost of the redesign of special therapy equipment.

Unrestricted Premises Relocation Fund

The Unrestricted Premises Relocation fund is held to fund the cost of moving premises within the existing hospital site as it is known that the building in which The Movement Centre is currently located will be demolished in 2011.

Restricted Equipment Refurbishment and Hire Fund

The Restricted Equipment Refurbishment fund is held for the routine mechanical inspection and maintenance costs for the special therapy equipment and the associated hire costs.

Restricted Geographical Restriction Fund

The Restricted Geographical Restriction fund is held to support children receiving Targeted Training where the donor has specified use in a particular geographical location.

11. RELATED PARTY DISCLOSURES

During the year Mr P D Edwards a trustee, charged the charity £3,065 (2010 £6,774) for fundraising services.

12. ULTIMATE CONTROLLING PARTY

The company is controlled by its board of trustees.

The Movement Foundation

Notes to the Financial Statements - continued for the Year Ended 31 July 2011

13. DONATIONS

Donations in excess of £1,000 were received from the following:-

The Armourers and Brasiers Gauntlet Trust
The Mrs Hilda Beer Charitable Trust
The Calleva Foundation
Cheyne Charity for children with Cerebral Palsy
The Childwick Trust
Clark Charitable Trust
Sir William Coxen Trust Fund
Baron Davenport's Charity
The Lady Forester Trust
Garfield Weston Foundation
The Goldsmiths' Company's Charities
The Alison Hillman Charitable Trust
Lady Eileen Joseph Foundation
Land Securities Group PLC
The Brian Maguire Charitable Trust
Mercer and Associates
Müller Community Trust
Oswestry Town Council Mayor's Appeal
The Pilkington General Charity
Saddler's Company
GKN Sankey Ltd Employees Charitable Trust
Shropshire Masonic Charitable Association
The Sovereign Healthcare Charitable Trust
St. James's Place Foundation
The Walker Trust
The Waterloo Foundation

There were two further donations where the donor's name has been withheld at their request

The trustees of The Movement Foundation express their sincere thanks to these organisations for their support.